



Karina Sturm

Résumé

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PROFILE

I am a former medical assistant and research associate who loves the ocean, food, and, above all, writing, where I try to combine medical and scientific facts with human experiences. When I am not writing something, I am a professional patient, seeing my doctors concerning one of my chronic illnesses.

SUMMARY

- 4 YEARS **Experience as a medical assistant**
including care for chronically ill people
- 5 YEARS **Experience as a lab technician**
researching bacterial effector proteins, in particular SiiE from Salmonella
- 8 YEARS **Experience as a freelance writer/journalist**
focusing on chronic illness and disability

ACADEMIC DEGREES

- END OF 2019 **Master's of International Journalism for Media Professionals**
*Edinburgh Napier University
Scotland*

WORK EXPERIENCE

JUNE 2013 – PRESENT

Freelance Journalist

Combining my scientific background with personal experiences due to chronic illness and

disability to educate about and raise awareness for a variety of health conditions and disabilities, and writing of academic publications and reviews of medical conditions.

2009 – 2012

Biotechnology University of Erlangen *Laboratory Technician*

Researching bacterial effector proteins, in particular SiiE from Salmonella with a main focus in chromatography, cultivation of bacterial expression systems, protein biochemistry and crystallography, lectures and presentations, lab management, support for students, documentation and review of results in scientific publications.

2006 – 2009

Laboratory Technician School Nuremberg *Student*

Three-year standardized study as a laboratory technician at the Staatliche Berufsfachschule B8 in Nürnberg, Germany Final grade: 1.04 (resembles 21 subjects with grade A, one subject with grade B) Exam: 1.3 (grade A) Resulted in admission to a program that supports students with extraordinary talents.

2002 – 2006

Medical Assistant Neumarkt *Student; Permanent Position*

Dr. Bauer/ Ehrengut/ Wonka in Neumarkt, Germany Final grade: 1.33 (resembles grade A) Exam: 1.7 (resembles grade B) With a main focus in caring for complex, mostly chronically ill patients, guidance and examination of diabetic patients, diagnostic testing such as ECG, geriatric diagnostics, vital parameters, cancer screening, assistance during outpatient surgeries, phlebotomy, injections, office hygiene.

COURSES

- 2017 **Journalism SGD**
Finished with Grade 1; resembles A

COMMUNICATION SKILLS

GERMAN Native speaker

ENGLISH TOEFL Score 119/120 in 2017

EXTRACURRICULAR ACTIVITIES

2017 – TODAY **Volunteer at Laguna Honda Hospital in San Francisco**

As part of the Activity Department, I visit residents and spend time with them

2014 – TODAY **Advocate for people living with Ehlers-Danlos syndrome**

SPECIAL SKILLS

BASIC HTML, FileZilla, Scrivener

GOOD MS Office (Word, Excel, Power Point); Apple Pages, Numbers, Keynote; WordPress, Social Media, YouTube; Video production including filming and editing; closed captions and descriptive audio for the blind; Podcasting, Blogging, SEO, Editing; Academic writing, Research