

Von: **Ehlers-Danlos Syndrome on The Mighty** email@e.themighty.com  
Betreff: 23 consequences of misdiagnoses  
Datum: 20. September 2018 um 12:03  
An: karina.sturm86@gmail.com



EHLERS-DANLOS SYNDROME • September 20, 2018



[23 Consequences Of Misdiagnosis People With EDS Had to Deal With](#) – on **The Mighty**

[2 Types of Pain Ehlers-Danlos Syndrome Causes on a Daily Basis](#) – on **The Mighty**

[I Can't Just 'Choose Joy' in Life With EDS. But Here Is What I Can Choose.](#) – on **The Mighty**

It was a hot summer day in August 2010 when my then-unknown condition showed symptoms I couldn't ignore any longer, and it was only three days later when I got my first misdiagnosis which was followed by [four years of more false diagnoses](#), wrong treatments, and physical harm to my body. As a 24-year-old, I was finally diagnosed with Ehlers-Danlos syndrome.

Usually, if I tell my story to other people outside the EDS community, they can hardly believe all that has happened to me. But I know I was one of the lucky ones because other people might collect even more misdiagnoses and for them,

it will take decades until they find out they have EDS.

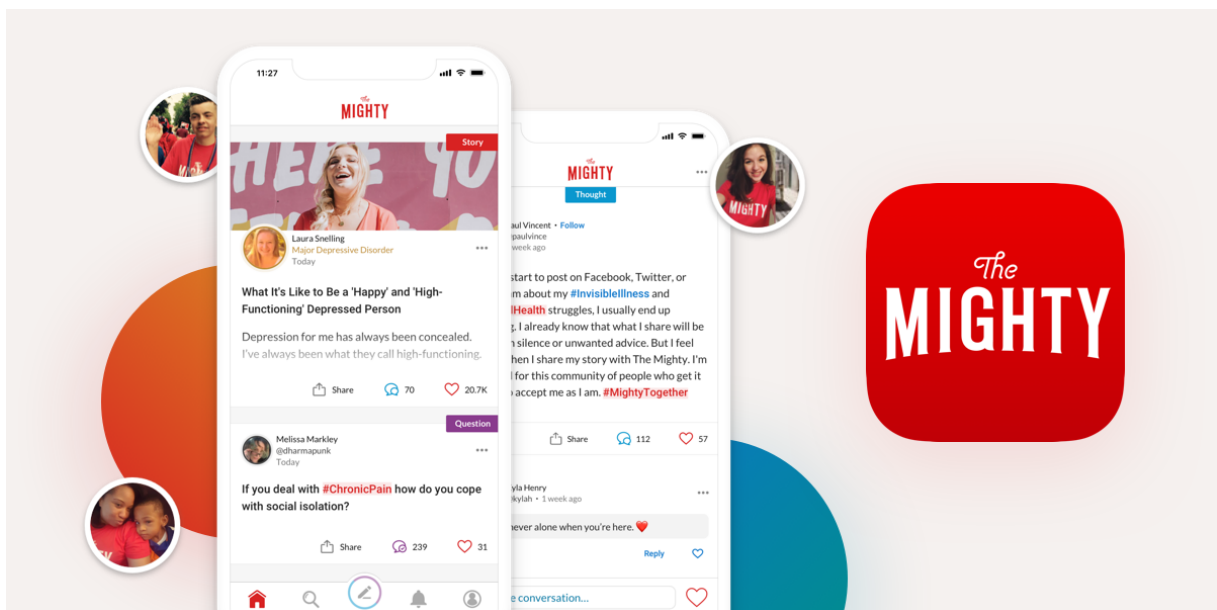
Unfortunately, **misdiagnoses are part of our lives**, and when it comes to EDS, the question isn't "Who has been misdiagnosed?" it is "Who hasn't?!" In fact, **one study found** that 56 percent of its participants had been misdiagnosed before receiving their EDS diagnosis.

The Mighty wanted to hear their stories and asked what consequences they had to deal with because of misdiagnoses. As always, I hope you enjoy **this week's featured story**.

And before you leave, there is one thing I want you to remember: You are not alone in this! You are strong! And you can get through this!

Stay **#MightyTogether**,

Karina



## The Mighty for iPhone

The Mighty's app for iPhone is coming soon!

**Sign up** to get it first.

GET IT FIRST

## Today's question from the community:

Kat Harrison asked...

### **#ChronicPain is a cruel thief, but what can't it steal from you?**

Chronic, daily #Migraine + constant flares of nerve pain have stolen so much from me. I miss the days of working full-time, being 100% independent, and running long distances like I used to.

But it can't take the small victories away from me. It can't steal my gratitude (when I can find it), and I will not let it wholly consume me.

What can't your illness or diagnosis steal out from under you?

Read the responses, and [answer](#) Kat yourself:

SEE THE FULL POST

## Today's thought from the community:

Erica W wrote

ERICA W. WILSON

## #MightyPoets #Empowerwomen

To the women who work through sunsets. To the women who dream to be stars. To the women who lead from the front even though they're lost inside. To the women who keep losing promotions to men. To the women raising kids alone. To the women who love with all their heart & yet are desperate to be loved. To the women who give & never receive. To the women who cry. To the women who feel forgotten. To the women fleeing from love because the love they know is force & hatred. To the women trying to hold it all together. To all the women east to west & north to south... I am you. I cry. I die a little inside. I pretend. I move on. I run. I judge. I give in. You are not alone. Let's lift each other up.

Read the responses, and [reply](#) to Erica yourself:

SEE THE FULL POST

The  
MIGHTY



Heard about this email from a friend and love it? [Subscribe](#) to **EDS on The Mighty** to get it every week. If you'd like to change how you receive our emails, you can [update your preferences](#), [opt out of this newsletter](#), or [opt out of](#) all emails from The Mighty.

**The Mighty – 210 N. Glenoaks Blvd, Burbank, CA 91502**

» »